

Physical Therapy @ ACAC Athletic Training Department Face and Throat Injury Follow-up form

Attention: Parent or Guardian:

If one or more of the following symptoms occur within 24 hours after the initial injury, you should immediately contact your physician or emergency room.

At the time of evaluation today, your child presented with the following signs and symptoms:

If your child experiences any of the following symptoms, please seek medical care immediately:

- Worsening headache (especially deep, throbbing pain)
- Recurrent bleeding from nose/ears
- Clear or straw-colored fluid from the nose/ears
- Changes in size and shape of pupil(s)
- Blurred vision
- Spots/flashes before the eyes
- Double vision
- Discoloration/bruising around the eyes (Raccoon eyes)
- Bruising behind the ears
- Difficulty breathing out of the nose
- Wheezing
- Loud and difficult inhalation
- Difficulty swallowing
- Difficulty talking
- Unable to fully open mouth
- Fainting or feeling lightheaded
- Changes on level of consciousness – sleepiness, grogginess, irritability or combative

Do not take any medications including pain relievers, aspirin, or decongestants unless directed by a physician.

Athletic Trainer _____ **Date** _____

**Please call if you have any additional questions/concerns:

Jake Kepple ATC (434) 249-1184 or jacobk@acapt.com

Lizelle Lubbe MS, ATC, CMT (716) 994-6558 or lizellel@acapt.com